

Oregon Governor's OSHA Conference

*"This speaker is outstanding.
This should have been an 8 hour class.
Best I've ever seen on backs
and I have been to many."*

**Steve Foster, Vice President of Operations
SYSCO Foods, San Antonio**

*"Since your class, our injury claims
have dropped by over 40%."*

**Al Arguedas, Corporate Safety Director
Baugh Construction**

*"In your seven year partnership with
Baugh you have had a tremendous
impact in reducing strains, sprains, and
MSDs. What surprised us was the team
building and safety awareness your
high impact training has provided."*

**Safety In Pubic Works
Oregon State Convention**

*"Awesome and interesting;
could have listened to him
for a couple more hours.
Excellent presentation."*

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Photo by Jack Dayley

Insight to Ergonomics

**Proactive Sustained
Elimination
Of
Musculoskeletal
Disorders**

Pain Free / Injury Free



Sports Therapy Associates, Inc.

Protecting over 250,000 professional and industrial athletes since
1981

@
Nike Intel Sysco Potlatch NBA NFL...

Professional Services

If you are looking for ways to *drastically reduce workers' compensation costs*, this little brochure actually contains everything you will need to **accelerate industrial injury solutions**. Our difference: precision, passion, and 20 years of *high impact* training experience.

Ergonomic Solutions

- Root Solutions to MSD's
- Job Hazard Analysis and Control
- Equipping Internal Champions/Train the Trainer
- Fit for Duty Training
- On-site stretching/Therapeutic Exercise

Motivational Speaking

Excellent reception with all audiences specializing in difficult, entrenched & *adversarial work forces*.

- Cardiovascular Disease and Stress Management
- Peak Performance and Breakthrough Behaviors
- Neck/Back/Correct Lifting
- Carpal Tunnel and DeQuervains Syndrome
- Epicondylitis - Pitcher's Elbow
- Plantar Fasciitis
- Trigger Finger/Tarsal Tunnel Syndrome
- Knee Disorders

Exceeding **1,200 Key Note** speaking engagements with an anonymous survey rating of **9.6 average on a 1-10 scale**.

You'll Guarantee What?

If we are not able to reduce your worker's comp costs by a minimum of 33% within six months, all of our services are free.* That's the standard we hold ourselves to. That's the standard you can expect from High Tech Sports Therapy Associates.

* See consultant for details.

A little background on the guys who run this thing.



Bruce Madsen



Leigh Madsen

Bruce and Leigh Madsen are the founders of the risk management/peak performance consulting firm, High Tech Sports Therapy Associates, Inc.

In 1981, High Tech Sports began applying their expertise in athletic injury prevention to industrial athletes. The **battle-tested sports medicine protocols** that they effectively used with **A.C. Green** of the **L.A. Lakers** (who has gone **14 years without a lost time accident**) and hundreds of other elite athletes, were finally available to the general working population.

"The increased profits from reduced workers' compensation claims have consistently exceeded all expectations."

Partial List of Clients

A.C. Green, "NBA Ironman"	Nordstrom
Baugh Construction	Norm Thompson
Blazers Rose Garden	Northwest Alloys
Bonneville Power	Oregon Arena Corporation
Bureau of Land Management	Oregon State University
Clark County P.U.D.	Oregonian
Clint Didier, NFL	Owens-Illinois
Columbia Distributing	Portland General Electric
EPSON	Portland Police Bureau
Fleming Foods	Portland State University
Fort James	Price-Costco
Fred Meyer	R & H Construction
Georgia Pacific	Roddy Piper, WWF
Hoffman Construction	Southern California Edison
J.C. Penney	SYSCO Corporation
Intel	TNT United Truck Lines
LCSC Baseball, 11 National Titles	U.S. Army
Leatherman Tool	U.S. Freightways
Multnomah County	Wacker Siltronic
Nike	Weyerhaeuser

Currently, High Tech Sports Therapy Associates and its 37 consultants work with over **140 national and international companies** in 40 states.

What Your Peers Are Saying

Bob Morgan, Mill Manager

Fort James

*"Nine months following your systemic joint injury prevention training we are pleased to report a **\$400,000 net reduction** in the annual cost of workers compensation claims. This savings included the factored expense of 540 workers being paid four hours of overtime and the cost of your consulting fees."*

A.C. Green

NBA

*"Thanks to you Bruce and your unselfish attitude... I am proud to say I led the **Lakers** in rebounding last season."*

**Jeanne Nyquist, Maintenance Bureau
City of Portland**

*"I am pleased to report that our current year's insurance premium for injury was reduced **\$269,000** from the prior year. High Tech Sports Therapy Associates played an important role in helping us to achieve these savings."*

Bud Pope

TNT United Truck Lines

*"Our claims were reduced by **\$180,000** in one year following the High Tech Sports Therapy Associates' two back schools."*

**Jeffrey Parsons, Corporate Safety Director
SYSCO Corporate**

*"Your training has had fantastic results. We have experienced a decrease of over **\$220,000** of workers compensation costs last year. Our injury frequency has also decreased by **54%** this year. Our **lost work days** have gone from **401 to 60**."*

**Brian Clarke, Corporate Safety Director
Hoffman Construction**

*"Since completing the joint injury prevention training, Hoffman has experienced a dramatic drop in workers compensation costs (**\$.29 per man hour down to \$.09**)...The bottom line question to the foreman 'was it worth the time and money?' Without exception, every foreman's response was positive and enthusiastic."*